

The Will to Condensation

So currently a big thought on my mind is in regards to condensation.

For example, let us consider a backpack. There is only so much you could shove inside of it, and therefore, the optimal strategy in life is to have things that have maximum ability to condense; for example, having like an ultralight down jacket which is easily compressible and condensable is desirable.

Also unrelated is the thought of bitcoin. Interesting idea to me is how technically if you think about it... A bitcoin is like the ultimate expression of condensation. You take all this economic energy and power, and condense it into a single unit, which is a single bitcoin.

I think the more I consider bitcoin, and the underlying philosophy and ethos behind it, in actuality... The more fascinating it becomes.

For example, just came back from a month trip to Asia in Vietnam in Hong Kong, and the truth is, you can't travel or take your single-family home or your cybertruck with you. if anything... Each and every single day in which I woke up in my Hong Kong apartment, just enjoying the sun, and the spotty Wi-Fi... the Takeaway point was that after all of it, the only thing you have is your body, your mind, and your zest for adventure and freedom.

Even being back home in LA... One thing that I couldn't take with me when I was traveling was my beloved 60 pound weight best. It's good to have it back... But knowing that I'm about to hit the road again soon, **it is always good to have one foot in, one foot out.**

So the general idea is simple... Live your life domestic, planning as if you're going to hit the road again... And never really too much be too committed to one single thing.

How do we falter?

We new nomads, we new conquerors, even the other day, driving through Beverly Hills... The big idea I had is that with wealth and everything in between... Property etc.... At least people living in LA, their world is so small. They only care about their pink Bentley, their \$15 million single-family house, etc. Beverly Hills is their bubble. They never leave it, it is kind of like the dystopic society in “In Time”, the genius Justin Timberlake film in which time is actually predicated in time actually also very interesting thought is in the new Amazon sponsored series “secret level”, the “steampunk” universe in which the orphan guy has his money given to him “bits“ (bits,,, bit, micro bit coins)-- he requires 75 bits to repay his debt obligations, in order to reconnect with the love of his life. Also in another unrelated note, the short video clip of the animated series of the girl giving the pilot \$3 million of bitcoin in the USB drive, asking the plane pilot to take them somewhere.

Anyways, I think **the idea of being unsettled is... unsettling**. I mean it kind of makes sense... To be settled, stable, is typically a good thing. Nobody would want to build their home on the edge of a cliff, knowing that any moment of mudslide can have them tumbling down to their personal death.

I think the difficult thing is let us consider, how hyper different modern day life and society is in respect in regards to our biological predisposition. For example, Technology advances at a much faster pace than our biological predisposition. Can you consider... Even 50 years ago, telling people that one day, each and every single American, regardless of how poor or rich you are, would have access to a god device, that could fit in your front pocket, that you could use with your voice, Your thumbs, your fingers, that could last all day, offer you free directions to anywhere on the planet, with micro precision, free entertainment essentially forever, with trillions of channels, insanely great high fidelity camera and video recorder which is free forever, which cannot be hacked by anybody else, which could also store all of your money on it, and you could instantly video call and new person on the planet, for free, whenever. Wouldn't they pay like \$1 million for this device? And now any person on the planet, regardless of how rich or poor they are, could afford this god device, for only 50 bucks a month.

Anyways, I'm also pretty sure that having this god device comes with downsides. For individuals -- honestly it's like crack cocaine. But maybe worse?

How to live

My simple philosophy with technology life everything etc.... Is reap the upside, kill the downside.

So a very simple thought... Disable all notifications on your phone besides FaceTime. This includes text messages.

The reason why I think this is such a good idea is that if it becomes ultimate filter. Truth be told, there is almost 0% of things which actually require your immediate attention. Reserve FaceTime for your mom, or your wife, everything else is not really necessary.

The will to ignorance

Distractions!

A new thought, ignorance, might be a critical ingredient to your concentration focus, power?

New thing I'm trying to do with my new lifestyle is trying to concentrate and focus better, which means avoiding television news streaming in front of your face?

For example, there's this really nice hotel close to my house, which I like to just walk across, in order to use the bathroom and the facilities, but just this morning, there's a fucking television streaming CNBC news, with all this fear clickbait headlines that arise anger and indignation in the viewer.

The thing that is so annoying about this to me is that I did not request the television to be there, nor did I request it to be streaming live television news either. If there had to be something streaming, on the television it would rather be John Wick, the Lego movie, or better yet, the Lego Batman movie.

Things you asked for, things you did not ask for?

I think this is a big thing is that try to not expose yourself to stuff you didn't ask for. Or better yet, that you did not actually pay for with your own hard earned money.

For example, movies on flights. Obviously you're boring and you got nothing better to do, the pen is either download a shit load of movies and shows to your iPad off-line, stuff that you paid money for in the Apple TV+ app, and also, games or other destruction stuff that you paid money for.

I think this is a big tricky thing... In two days we're all in which entertainment is infinitely abundant, how do you stay focused? Simple. Once again, if you did not pay money for it, don't watch it.

A simple strategy I do is if there is something I really really want to watch or experience, I put my money where my mouth is... I straight up purchased the whole film, even if it is 10 or \$20 or \$25 or something, in the Apple TV+ store. Even though obviously I could pirate it on pirate Bay for free, this becomes a good filter because in a world in which your time is infinitely valuable and precious, why would you sacrifice any of your precious attention on things you did not pay money for?

Practical thoughts

so the first very practical thought is don't bother with anything that is not easily condensable, or compactible.

For example when you're traveling, let's say you require a jacket or a warm article of clothing whatever... Only pack things that you could easily roll up and shove into your backpack. The Uniqlo ultra light down jacket is good. Also my personal favorite is the MUJI ultra light down vest.

Can you fold it up?

After being abroad for about a month, then coming back home to LA... I saw a cyber truck on the road the other day, and even though I love the design, it is so big! Too big! As a consequence, it's really not a good idea because you can't just magically fold it up. And this becomes critical in moments in which You just gotta find a damn parking spot!

And once again, the big idea is that you cannot magically fold up your car or your assets or whatever and just take it with you on a plane to Cambodia.

Now what?

Obviously the first thought is a kid. At least one, ideally two or more.

Why? To me it's like the ultimate logical thing.

First, raising Seneca from birth until now has probably been the most satisfying thing in my entire life, multiplied by 1 million. There's like literally no greater joy than a father raising his own son. His own blood son.

Once again, the greatest blessing as a man, to a son, even better yet, your first born son as a male.

Second, think economics. Michael Saylor said it well, you'll like spend 1, trillion hours of your life working yourself to death, making money spending money saving money, yet we will not even devote a few hours to critically think about what money is, and also why it matters?

It's simple; you spend 1 million years of your life making money, without actually questioning what money is or why it matters... You're technically not leveraging your time well.

For example, for most individuals, the more hours you put in at work, the more moneys you'll make. it becomes a simple vector equation:

Input more time, yields more money.

But the reason why this is a poor idea is that you'll essentially forever be a wage slave. To just equate your time, hourly wage, or even salary, is a losing game.

condense your sphere of concern

Also in terms of condensation, condense your sphere of concern.

I think it is a zero some game in terms of concern. Let us say that you only have 10 units of concern, in a single day. And once you deplete your concern units, you cannot recover it in a day.

So for me, I would probably devote eight units of concern to Seneca, one to Cindy, one to myself. That is 10 out of 10. Nothing is left.

I think the problem that a lot of people have, especially if you were raised Christian, is that you think you have infinite compassion and concern for the whole planet. But this is not true. I'm almost wondering... If 99% of mental health issues arise from the fact that you overextend your units of concern beyond proper measure?

The more you concern for others, the less you concern for yourself your wife your kid.

Reconsidering the nuclear family

The nuclear family is you your wife or kid. That in itself is its own economy, let us consider that even the ancient word for economics literally meant household management, your wife, your kids, your slaves, your home estate.

Certainly an ancient times, life was probably much simpler. The king of the Joseon Dynasty in Korea probably did not concern himself with international matters in the Middle East or Europe. Similarly speaking, King Leonidas only cared for Sparta, maybe the 5000 or so inhabitants etc., he had zero concern for anyone else.

So once again, condense your sphere of concern to the bare minimum. Once again yourself your wife your kid. Cut everything else out?

Becoming more selfish with your time your focus your concentration

Recently Cindy and I have been reading more Thich Nhat Hanh, in one of the really really interesting things that I gleaned is that **meditation is simply concentration.**

For example, even when you're on a flight and you're bored, and you simply sit and close your eyes, put an earplugs and a face mask, and an eye mask, what you're actually doing is concentrating. Trying to cut out distractions, is the best definition of meditation.

I even had a random idea that they only reason that I hate graffiti is that it is distracting. Any sort of advertising or spam which is unwarranted to me is positively bad because it is just like graffiti. I kind of know and I kinda get it because when I was a kid or a teenager or in high school, me and my friends guide to graffiti tagging, spray paint simply as kind of a risk game. The game was too use our spray paint or our spray tools to have a contest in which we will try to essentially have a competition:

Who would have the most balls and the most courage, to tag or spray paint in a spot which had maximum risk of getting caught, but yet not getting caught and getting away with it?

The moment that me and my best friend stopped was the moment in which we saw this old Latino woman, on her knees in hand scrubbing our graffiti spray paint game, about the age of our mom... Being teenagers or highschoolers, we didn't really have a real practical thought that in fact, our mischievousness was predicated on actually having somebody about the age of her mom having to scrub it off herself? After that we swore off graffiti.

I've even had this thing in Culver City... Whenever I see ugly or annoying advertisement spam graffiti, I just take it as my own own to tear off the graffiti the spam or whatever and throw it in the trash because I am very visually sensitive, and

I always do the same walking paths in the day. If anything I'm thinking about volunteering for my local city to volunteer my time to remove graffiti?

We are much more sensitive than we think we are

I think from an evolution perspective, we are insanely sensitive creatures to sound visual things, stories, ideas etc. In the past it was a matter of life or death.

For example, loud noises. Any in every single human being, is sensitive to loud noises. Because if you heard the rustling of a animal in the bushes, if you were not sensitive to the sound, you would have probably been eaten alive by a bear or something. Or if you saw something frightening with your own two eyes, also a survival mechanism. That is why whenever we see disturbing, could stay with us for days weeks months, maybe even years? Even soldiers, who have experienced tragedy get PTSD, from the sounds of bomb's warfare, and personal tragedies with their own two eyes.

Practicalities

I have a simple filter: if that matter doesn't actually involve money, don't bother with it.

For example, currently my only concentration is bitcoin. And microstrategy stock which is essentially levered long bitcoin. And micro strategy, because I am a proud shareholder. And also, more recently, [Dylan Le Clair](#) -- because he has the most intelligent opinions when it comes to microstrategy.